

पालमपुर विज्ञान केन्द्र, पालमपुर

Activity Report for the Month of June 2022

Observance of World Environment Day on 05.06.2022

In order to create awareness about environment conservation and to sensitize people for the cause of environment conservation and protection World Environment Day was observed at Palampur Science Centre on June 05,2022. To mark this day Palampur Science Centre organized a set of educational programmes for school students and general visitors. On 5th of June, 2022; a written quiz contest on the theme 'Our Environment' was organized for school students. 33 nos. of students participated in the quiz contest (in bilingual format). Various questions related to new and renewable energy resources & technologies, institutions & projects in this field, hazard signage, environment protection and conservation were asked in a multiple choice question paper. A popular science lecture on "Community Engagement for Sustainable Development Goals: Prospects and Challenges" was delivered by the project coordinator. In this lecture he briefed the audience about the importance of environment conservation, sustainable living and developing new and robust technologies for a better future. He also underlined the importance of safeguarding our natural resources like Soil, Water, Air etc. for Sustainable Development. The lecture was attended by 54 visitors. Following this sapling plantation drive was held in the centre in plants of various species were planted by the students and staff members of the centre. On 6th June, 2022; a painting contest was organized on the theme 'Only One Earth'. The students made beautiful drawings and coloured them with the vibrant colours. Around 15 students took part in this programme. The programme was concluded with a pledge to conserve the gifts of our Mother Nature.

Observance of World Food Safety Day on 07.06.2022

World Food Safety Day was observed at Palampur Science Centre on 7 June 2022 to draw attention of the masses and mobilize them to take action to prevent, detect and manage food borne risks and improve human health. In line with WHO's efforts to mainstream food safety in the public agenda and reduce the burden of food-borne diseases globally; Palampur Science Centre organized a written quiz (in bilingual format) contest on 'Safer food, Better health'. The questions were asked from the field of food sciences e.g. the components of the food, various logos and signage on the food packets, common adulterants & food poisoning symptoms etc. were asked. A total no. of 47 students participated in the quiz. The programme was concluded after a discussion on various issues related to Food safety and shared responsibility of all the stake holders like governments, producers and consumers.

Celebration of International Day of Yoga on 21.06. 2022

International Day of Yoga was celebrated on 21th June 2022 at Palampur Science Centre with the theme 'Yoga for Humanity' by organising various activities for students and staff members of the centre. The celebration started with Oath Taking Ceremony in which Yoga Pledge was taken by all the staff members of the centre. It was followed by a Yoga demonstration lecture by Mrs. Suman Masand, Yoga Instructor, Kayakalp (Naturopathy Hospital) Palampur. She briefed upon the benefits of Yoga for healthy life and demonstrated some warm-up methods, Surya Namaskaar, Yogasanas, Pranayaams etc. Staff members of Palampur Science Centre and School students took part in the demonstration lecture. Following the Yoga session; a written quiz (in Bilingual Format) contest was held for school students. The programme was well attended by students and staff members of the centre. The programme was concluded with a commitment to embrace Yoga in daily routine for a healthy and harmonious life.

Observance of International Asteroid Day on 30.06.2022

International Asteroid Day was observed on 30th June, 2022. This day was observed to mark the anniversary of the Tunguska impact - the Earth's largest ever asteroid impact - over Siberia on 30 June 1908. To raise the awareness about the dangers posed by the Near Earth Objects and big asteroids etc. Palampur Science Centre organized an essay writing contest on the theme 'Asteroids: Curse or boon for human Civilization'. Around 52 students took part in this event and expressed their thoughts and ideas on the given topic. All sorts of official communications like invitation letters and posters etc were prepared and presented in bilingual format.